

# PRESENT YOUR ABSTRACT

# AT THE IMS CONGRESS IN MELBOURNE



This congress promises to be an unparalleled gathering of experts and innovators in the field of menopause, providing a platform for the exchange of research, ideas, and best practices.

We invite you to contribute to this exchange of knowledge by submitting your abstracts across a wide range of topics relevant to menopause research and management.

Join us in shaping the future of menopause care and discovery!

#### MAIN TOPICS FOR ABSTRACTS:

GENERAL MENOPAUSE

PREMATURE OVARIAN INSUFFICIENCY

VULVOVAGINAL ATROPHY/
GENITOURINARY SYNDROME OF
MENOPAUSE

HORMONES AND HORMONE ACTION

HORMONES AND METABOLISM

**SEXUAL FUNCTION** 

**MENOPAUSE** 

AND CARDIOVASCULAR SYSTEM

MENOPAUSE AND THE BRAIN

**MOOD AND MENTAL DISORDERS** 

MUSCULOSKELETAL HEALTH

**BREAST HEALTH** 

**GYNECOLOGY** 

OTHER ONCOLOGY

**OTHER HEALTH ISSUES** 

June 24 2024

DEADLINE FOR ORAL PRESENTATIONS

August 20 2024

DEADLINE FOR POSTERS





## PRE-CONGRESS COURSE

FRIDAY OCT 18 13:30-18:00

#### **REFRESH YOUR KNOWLEDGE**

Our Precongress course is for all health professionals wanting to develop or refresh their knowledge of the basic physiology of the menopause, the health consequence of the menopause and when and how to use the available treatment options.

It has been specifically designed to be globally applicable and clinically practical for specialists and non specialists alike.

#### LIMITED SEATS

The Pre-Congress Course is not included in the Congress registration: we encourage you to book your spot early to secure your participation. Remember, you must be registered for the Congress to sign up for this course.

#### MENOPAUSE ESSENTIALS UPDATE

#### Jane Elliott 🚟

Menopause consultation: a structured approach

#### Susan Davis

Prescribing MHT: practical and evidence-based approach to treatment

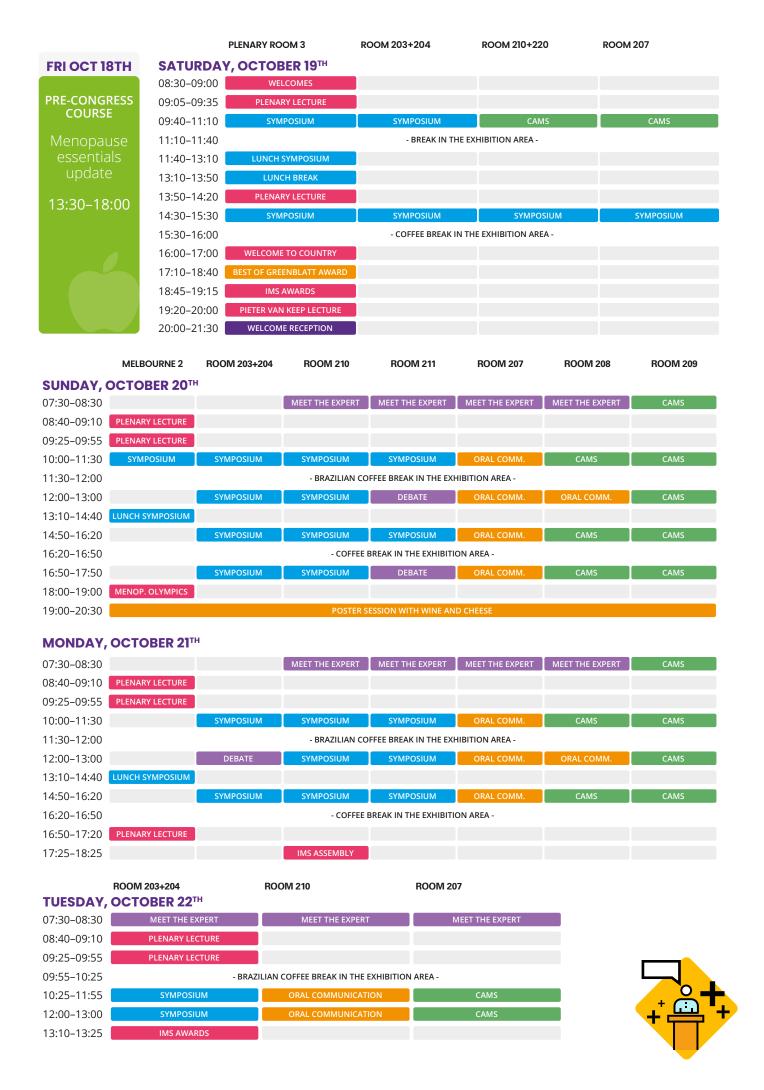
#### Premitha Damodaran ==

Non-hormonal options for managing troublesome symptoms of menopause

#### Stella Milsom

Case studies: a discussion of complex cases and referral pathways in primary care

**Panel Discussion** 



### PLENARY LECTURES

Nick Panay 🚟

Pieter van Keep Oration: Premature Ovarian Insufficiency

Gemma Figtree 🌌

Heart Matters: The Unique Landscape of CV Health in Women

Rossella Nappi

Bringing Sex Back into the Relationship

Eugene McCloskey ##

Long Term Strategies for Osteoporosis Care

Susan Davis 🚟

Not Just Sex: Other Roles for Testosterone in Women

Priya Sumithran 🌌

Medical Management of Obesity: Unlocking the Potential

Karen Walker Bone 🚟

Menopause, Women and the Workplace

Nanette Santoro ==

Understanding the Perimenopause Journey

Angelica Lindén Hirschberg

Enhancing Quality of Life: Addressing Vulvovaginal Atrophy

Jason Abbott 🏧

Laser for GSM: What We Know and What We Need to Know

### **DEBATES**

SHOULD MHT BE FIRST LINE FOR TREATING PERIMENOPAUSAL DEPRESSION?

Pauline Maki == Jayashri Kulkarni == SHOULD ESTROGEN
ALWAYS
BE DELIVERED TRANSDERMALLY?

Sonia Davison 
Steven R. Goldstein

SHOULD MHT INITIATION BE LIMITED TO WOMEN?

Susan Davis 🚟 Mary Ann Lumsden 🎇

### **SYMPOSIA**

#### **OSTEOPOROSIS: WHEN AND HOW**

**Eugene McCloskey (UK)** Diagnosis and Intervention Thresholds **Bronwyn Stuckey (AU)** Pharmacological Treatment for Fracture Prevention: What is the Role of MHT?

Santiago Palacios (ES) Anabolic Treatment Fracture Prevention: New Perspectives

#### **BONE CONUNDRUMS**

**Tobie De Villiers (ZA)** Early Menopause; A Window of Opportunity for the Prevention of Bone Loss

**Peter Ebeling (AU)** Let's Start at the Beginning: A Bone Friendly Lifestyle

**David Scott (AU)** Sarcopenia: Can We Make Progress Without a Universally Accepted Definition?

#### PREMATURE OVARIAN INSUFFICIENCY

A Patient's Perspective

Elena Tucker (AU) POI Genetics

**Richard Anderson (UK)** New POI Guidelines: Epidemiology, Causes, Diagnosis, Fertility, Pregnancy

**Amanda Vincent (AU)** New POI Guidelines: Long Term Implications

### Vulvovaginal Atrophy/Genitourinary Syndrome of Menopause

Tim Hillard (UK) Genitourinary Changes with Age Sarah Lensen (AU) What Should We Assess?

**Nevine Te West (AU)** The Impact of the Lower Genital Tract Microbiome

#### POSTMENOPAUSAL PELVIC FLOOR HEALTH

**Lynsey Hayward (NZ)** Midlife Bladder Problems: Initial Assessment and Management

**Phil Toozs Hobson (UK)** Stress Urinary Incontinence: What Do We Do Now?

**Tommaso Simoncini (IT)** What To Do with a Prolapse: Non-Surgical and Surgical Options

#### **PERIMENOPAUSE AND PMS**

Richard Anderson (UK) Perimenopause: Making the Diagnosis

Paula Briggs (UK) Perimenopausal Contraception

**Steven R. Goldstein (US)** Management of Bleeding During the Perimenopause and Menopause

#### **OBESITY MANAGEMENT**

Irene Lambrinoudaki (GR) It's Frustrating: Menopause Related Changes in Body Composition, Weight Gain & Diabetes

John Dixon (AU) Weight Management: What Works and For Whom?

**Priya Sumithran (AU)** GLP1 Analogues for Obesity in Menopausal Women

#### **CONTEMPORARY ISSUES IN MENOPAUSE**

Nick Panay (UK) Evidence Based, Modern Management of PMS / PMDD

**Ang Seng Bin (SG)** Artificial Intelligence (AI) and Midlife Women's Healthcare

**Zachary Nash (UK)** Menopause Priority Setting Partnership (MAPS): The Top Ten

#### **CANCER**

**Howard Carp (IL)** Realising The Promise of Cancer Predisposition Genes

**Anna Fenton (NZ)** Menopause After Cancer: Managing The Whole Woman

**Ludwig Kiesel (DE)** Advances in Management of Endometrial Cancer

#### **MENTAL HEALTH**

**Pauline Maki (US)** Perimenopausal Cognitive Changes **Claudio Soares (CA)** Menopause and Depression: How to Manage?

Herman Depypere (BE) MHT and Dementia: Is There a Link?

#### **NEW AND REVISITED THERAPIES**

Joann Pinkerton (US) SERMS: When to Use?

Marla Shapiro (CA) Non-Hormonal Treatments for Menopause Ho Choon Moy (MY) Menopause and Complementary Therapies: What the Science Says

#### **MENOPAUSE AND LIFESTYLE**

**Robin Daly (AU)** Lifestyle Management of Menopause: What's Really Effective?

**Kerri Melehan (AU)** Understanding sleep disorders around menopause

**Martha Hickey (AU)** An empowerment model for managing menopause

#### **MENOPAUSAL COMPLEXITIES**

**Haitham Hamoda (UK)** NICE, Menopause and MHT: A Clinician's Perspective

Janice Rymer (GB) Menopause and endometriosis

#### **MENOPAUSE IN UNDER-SERVED POPULATIONS**

**Xiangyan Ruan (CN)** Managing the World's Biggest Menopause Clinic

Nicole Jaff (ZA) Menopause in Low Income Countries

Premitha Damodaran (MY) Menopause in a Multi-ethnic
Population: Challenges with Attitudes and Cultures

#### **MENOPAUSE IN SOUTHEAST ASIA**

Unnop Jaisamrarn (TH) Menopause in Thailand
Fidel Ganis Siregar (ID) Menopause in Indonesia
Maria Jesusa Banal-Silao (PH) Menopause in Philippines
Ng Beng Kwang (MY) Menopause in Malaysia

#### **MENOPAUSE IN LATIN AMERICA**

Nestor Siseles (AR) Menopause in Argentina
Maria Celeste Osorio Wender (BR) Menopause in Brazil
David Vasquez Awad (CO) Menopause in Colombia
Sonia Cerdas (CR) Menopause in Costa Rica

#### **PROGESTOGENS**

**Alfred Mueck (DE)** Progestogens and Their Effects on Other Steroid Receptors

**Antonio Cano (ES)** Progestogens: Which One, When, How Much, How Long?

#### **LATE BREAKING NEWS**

Sonia Davison (AU) Sonia's Snippets

# MEET THE EXPERT

The Meet the Expert sessions feature an in-depth presentation by a renowned specialist, followed by an interactive Q&A. These sessions are designed to provide valuable insights, foster discussions, and enhance your understanding of cutting-edge topics. sessions will take place from 7:30am to 8:30am, a breakfast box will be available upon purchase.

#### Steven R. Goldstein (US)

Bleeding on MHT: Imaging, medical and surgical approaches

#### Robert Langer (US)

MHT and breast cancer: a close look at the evidence and strategies for safe practice

#### Peter Chedraui (EC)

Optimizing cardiometabolic health in midlife women

#### John Stevenson (GB)

MHT for primary prevention

#### Wendy Wolfman (CA)

Practical management of POI

#### Mary Ann Lumsden (GB)

Managing menopause after cancer

#### Sylvia Rosevear (NZ)

MHT in complex patients: Assessing absolute risk and benefit

#### Tim Hillard (GB) - James Pickar (US)

How to get your paper published

#### Duru Shah (IN)

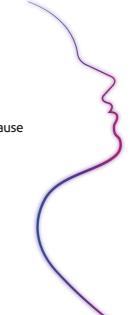
PCOS and the menopause transition

#### Andrea Genazzani (IT)

Androgens other than testosterone

#### Stella Milsom (NZ)

When the hot flush is not due to menopause





THE STATE OF THE ART IN MENOPAUSE



DISCUSS WITH WORLD-KNOWN PANELISTS



PRESENT YOUR RESEARCH IN AN ORAL COMMUNICATION



### **REGISTER NOW**

#### **REGISTRATION INCLUDES:**



ACCESS TO THE CONFERENCE From October 19 to 22



#### **RECORDINGS**

The recorded version of all sessions will be available after the end of the congress.



#### CME

A request will be made for Australian and New Zealand CME credits

	Low fee Until Mar 26, 2024	Regular fee Until Sep 23, 2024	Late fee
Delegate	AUD 1050	AUD 1350	AUD 1450
IMS or AMS Member	AUD 900	AUD 1150	AUD 1300
Low/Lower Middle/Upper-Middle Income Countries	AUD 800	AUD 1000	AUD 1000
Allied Health Professionals, Trainees, Nurses, Technicians, Medical Students	AUD 500	AUD 500	AUD 1000
Presenter of accepted abstract	AUD 500	AUD 500	-
Daily registration	AUD 450	AUD 450	AUD 450

#### **Extras**

Precongress course

AUD 150



#### **IMSMELBOURNE2024.COM**

### IMS EXECUTIVE COMMITTEE 2022-2024

President
Nick Panay

Past President

Steven Goldstein President Elect

Rossella Nappi

General Secretary
Ang Seng Bin

Treasurer
Pauline Maki

Chair of CAMS

Duru Shah

### SCIENTIFIC PROGRAM COMMITTEE

Chair

Rodney Baber 🏙

**Co-chairs** 

Tobie de Villiers Tim Hillard

Committee

Susan Davis
Sonia Cerdas
Premitha Damodaran

Anna Fenton JoAnn Pinkerton

### LOCAL ORGANISING COMMITTEE

Chairs

Susan Davis Amanda Vincent Committee

Karen Magraith Sarah White

Vicki Doherty 🌇

#### **ORGANIZED BY**



#### **ORGANIZING SECRETARIAT**



WWW.BTCONGRESS.COM

**DESTINATION SPONSOR** 





